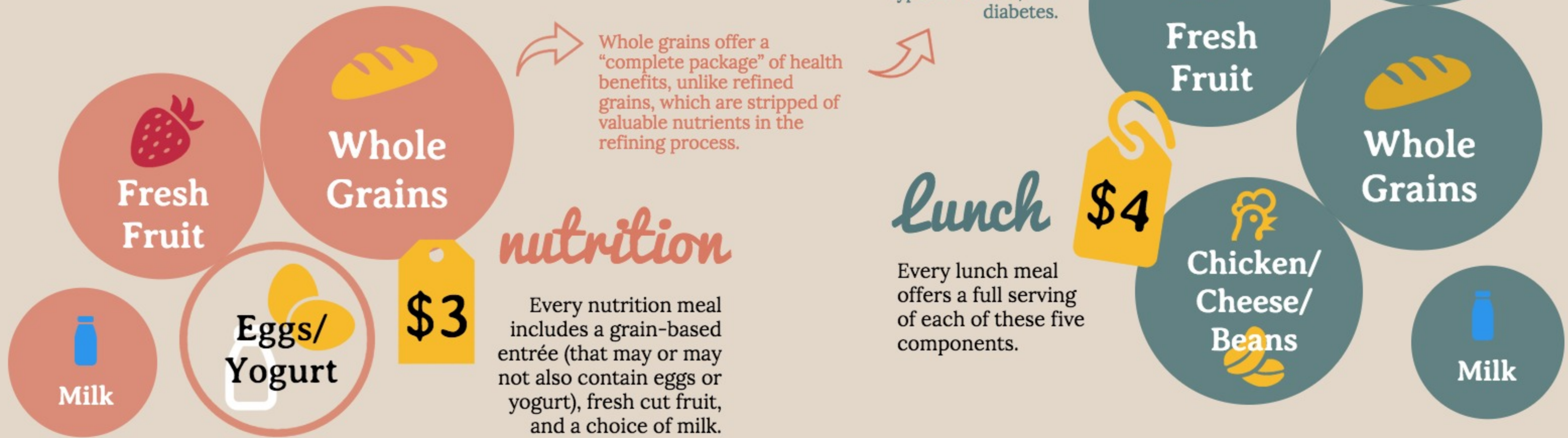


What's in an Oak Park Meal?

Brookside | Oak Hills | Red Oak

Oak Park Unified School District is a participant in the National School Lunch and School Breakfast programs, which provides healthy, balanced meals to students during the school day. All meals are planned in accordance to the nutrition standards for school food mandated by the USDA and CDE.

Diets rich in whole grains and fresh fruit and vegetables may help to reduce the risk of heart disease, certain types of cancer, and diabetes.



Sample Menu Items

Fruit & Yogurt Parfait w/ Granola

Fresh cut fruit, yogurt, and organic granola

French Toast

Whole grain breads baked fresh and delivered weekly by Wildflour Bakery in Agoura Hills

Grilled Cheese Sandwich

Our own sauce prepared using an Italian family recipe

Cheese Pizza

Real mozzarella cheese

Pizza crusts are baked fresh and delivered weekly by D'Amore's Pizza in Thousand Oaks

Smoothie

Blended fresh using whole fruit and hormone-free dairy ingredients

Cinnamon Soft Pretzel

Oven-Fried Chicken

Made with antibiotic free chicken

Chicken Tacos OR Crispy Potato & Bean Tacos

Banana Bread

Baked in-house using real bananas, whole wheat flour, and non-GMO canola oil

The Oak Park Commitment

Whenever possible, we source our ingredients based on these standards.

- 
 California-grown
- 
 Fresh & Seasonal
- 
 Non-GMO & Organic
- 
 Hormone- & Antibiotic-Free
- 
 Free of Artificial Ingredients

3 Easy Ways to Add Funds

- 1



Credit/Debit

At www.oakparkusd.org, click on "Parent Connect" in the upper right corner. A 2.9% + \$0.30 transaction fee will be assessed by PayPal.
- 2

Check

Please make all checks payable to "OPUSD."
- 3

Cash



 @yestofreshfood

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