**Homework Log at Home**

Sometimes, it is helpful to record your HW time. Some students find that writing down times keeps them more focused. Some have even realized, after tracking, that they are spending too long on assignments that should be done in less time. It can also help to track HW times before meeting with your teachers.

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| ***Day of Week*** | ***AFTER SCHOOL ACTIVITIES*** | ***1st assignment***  ***you worked on*** | ***2nd assignment***  ***you worked on*** | ***3rd assignment***  ***you worked on*** | ***Total minutes***  ***for the day…*** |
| Monday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Tuesday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Wednesday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Thursday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Friday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Saturday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |
| Sunday | **ACTIVITY:**  **# of minutes:** | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: | Class:  Assignment:  # of minutes: |  |

Self-reflect on your results. Did you get the results you expected? Did you spend more or less time? Why do you think that might be? How could you improve and use your time more efficiently?