Series 3000

Food Service/Child Nutrition Program

The Governing Board recognizes that adequate, nourishing food is essential to student health, development and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to the district's food service programs and to maximize their participation in available programs.

Food and beverages available through the district's food service shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease

2. Meet or exceed nutritional standards specified in law and administrative regulation

(cf. 3554 – Other Food Sales)
(cf. 5030 – Student Wellness)
(cf. 5148 – Child Care and Development)
(cf. 5148.2 – Before/After School Programs)
(cf. 6300 – Preschool/Early Childhood Education)

3. Be prepared in ways which will appeal to students, retain nutritive quality and foster lifelong healthful eating habits

(cf. 6142.8 – Comprehensive Health Education)

4. Be served in age-appropriate portions

(cf. 3551 – Food Service Operations/Cafeteria Fund) (cf. 3553 – Free and Reduced Price Meals)

5. Be available to students who meet federal eligibility criteria at no cost or at reduced prices, and to other students at reasonable prices.

(cf. 3551 – Food Service Operations/Cafeteria Fund) (cf. 3553 – Free and Reduced Price Meals)

The district's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables.

District schools are encouraged to establish school gardens and/or farm to school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the district's nutrition education program.

Series 3000

(cf. 6142.8 – Comprehensive Health Education)

To encourage student participation in school meal programs, schools may offer multiple choices of food items within a meal service, provided all food items meet nutrition standards and all students are given an opportunity to select any food item.

The Superintendent or designee may invite students and parents/guardians to participate in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

(cf. 1312.4 – Williams Uniform Complaint Procedures) (cf. 3517 – Facilities Inspection) (cf. 7110 – Facilities Master Plan)

In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation process, from receiving to service.

The superintendent or designee shall annually report to the Board on student participation in the district's nutrition programs and the extent to which the district's food services program meets state and federal nutritional standards for foods and beverages. In addition, the Superintendent or designee shall provide all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with requirements related to nutrition standards, meal patterns, provision of drinking water, school meat environment, food safety, and other areas as required by the CDE.

(cf. 0500 - Accountability) (cf. 3555 – Nutrition Program Compliance)

Legal Reference: *EDUCATION CODE* 35182.5 Contracts, non-nutritious beverages 38080-38103 Cafeteria, establishment and use 45103.5 Contracts for management consulting services; restrictions 49430 -49436 Pupil Nutrition, Health, and Achievement Act of 2001 49490-49493 School breakfast and lunch programs 49500-49505 School meals

Series 3000

BP 3550(c)

49510-49520 Nutrition 49530-49536 Child Nutrition Act 49540-49546 Child care food program 49547-48548.3 Comprehensive nutrition services 49550-49560 Meals for needy students 49570 National School Lunch Act 51795-51797 School gardens HEALTH AND SAFETY CODE 113700-114455 California Uniform Retail Food Facilities Law CODE OF REGULATIONS, TITLE 5 15510 Mandatory meals for needy students 15530-15535 Nutrition education 15550-15565 School lunch and breakfast programs 15575-15578 Requirements for foods and beverages outside federal meal programs UNITED STATES CODE, TITLE 42 1751-1769j National School Lunch Program, including: 1758b Local wellness policy 1771-1793 Child nutrition, especially: 1772 Special Milk Program 1773 National School Breakfast Program CODE OF FEDERAL REGULATIONS, TITLE 7 210.1-210.31 National School Lunch Program 215.1-215.18 Special Milk Program 220.1-220.21 National School Breakfast Program 245.1-245.13 Eligibility for free and reduced-price meals and free milk Management Resources: CSBA PUBLICATIONS Building Health Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009 Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007 Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2007 Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006 CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS School Meals Initiative Summary Healthy Children Ready to Learn, January 2005 CALIFORNIA PROJECT LEAN PUBLICATIONS Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006 USDA PUBLICATIONS School Breakfast Toolkit Fresh Fruit and Vegetable Program: Handbook for Schools, December 2010 Food Buying Guide for Child Nutrition Programs, December 2007 Civil Rights Compliance and Enforcement - Nutrition Programs and Activities, FNS Instruction 113-1, November 2005 Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005 Dietary Guidelines for Americans, 2005 WEB SITES CSBA: http://www.csba.org

Series 3000

Business and Non-Instructional Operations

BP 3550(d)

CDE, Nutrition Services Division: http://www.cde.ca.gov/ls/nu California Department of Public Health: http://www.cdph.ca.gov California Farm Bureau Federation: http://www.cfbf.com California Food Policy Advocates: http://www.cfpa.net California Healthy Kids Resource Center: http://www.californiahealthykids.org California Project LEAN (Leaders Encouraging Activity and Nutrition): http://www.californiaprojectlean.org California School Nutrition Association: http://www.calsna.org Centers for Disease Control and Prevention: http://www.cdc.gov National Alliance for Nutrition and Activity: http://www.cspinet.org/nutritionpolicy/nana.html U.S. Dept. of Agriculture, Food and Nutrition Information Center (FNIC): http://www.nal.usda.gov/fnic

Adopted: 1-11-78 Amended: 3-18-86, 7-11-89, 9-17-02, 2-17-04, 2-21-06, 5-20-08, 8-17-11, 2-15