LIFE SKILLS

COURSE OUTLINE

Unit 1: “The Slight Edge”

Unit 2: Nutrition and Health

Unit 3: Development

Unit 4: HIV/AIDS

Unit 5: Marriage and Lying/Cheating

Unit 6: Finances

Unit 7: Systems and Turning 18

GRADING Grades will be based on the following:

1. tests/quizzes - 50% of semester grade
2. final exam – 20% of semester grade
3. classwork and homework assignments - 20% of semester grade
4. class participation/behavior - 10% of semester grade (all students begin the semester with 90 out of 100 points)

Assignments must be turned in on time to earn full credit. You will receive half credit for assignments turned in one class period after the due date, and no credit will be given for assignments turned in after this point. If you know you are going to miss class, it is your responsibility to contact me regarding make-up assignments or tests. If you have any questions, please see me.

Tardy Policy: When a student receives four tardies, he or she will be assigned one hour of detention. Another hour of detention will be given for each consecutive tardy.

STUDENTS WILL NOT BE PERMITTED TO TAKE MAKE-UP QUIZZES/TESTS IF THEIR ABSENCE ON THE ORIGINAL QUIZ/TEST DAY IS UNEXCUSED.

THERE ARE NO EXCUSES FOR NOT KNOWING TEST DATES. IF YOU ARE PRESENT IN CLASS ON A TEST DAY, YOU MUST TAKE THE TEST. IF YOU ARE ABSENT ON ANY DAYS BEFORE THE TEST, YOU ARE STILL RESPONSIBLE FOR BEING PREPARED AND TAKING THE TEST ON THE ASSIGNED DAY.
CLASSROOM GUIDELINES

In order to maintain a productive and positive classroom environment, all students must observe the following:

1. **Come prepared.** Make sure to come to class each day with all required materials (notebook, pen, paper, assignments, etc.). Coming unprepared will result in the loss of points.

2. **Keep food and drink outside the classroom.** Bottled water is OK, but please finish eating/drinking before coming to class. Eating and drinking in class will result in the loss of points.

3. **Keep all electronic equipment at home.** Electronic devices such as cell phones, iPods, etc. are disruptions in the classroom. If I see or hear them in class, they will be turned over to school administrators.

4. **Show courtesy and respect to fellow classmates.** This positive behavior will help to ensure a comfortable classroom environment.

5. **Come to class on time** (I will adhere to the school's policies regarding tardies, absences, and truancies), pay attention, participate, be nice to your teacher, and have fun!

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PLEASE READ AND SIGN BELOW:

I have read the class guidelines and will respect/observe all requirements listed above.

Student’s Name (Print)_________________________Date____________

Parent’s Signature____________________________Date____________
Dear Parents,

The Life Skills class deals with real-life issues meant to prepare the student for life after high school. In an effort to reinforce the curriculum, the movies listed below are shown during the course of the semester.

As a result of the two R-rated movies, a parent signature is required before any student may view the movies. If you prefer that your son/daughter not view the movie, an alternative assignment will be provided. Please feel free to email me if you have any questions.

Sincerely,

Chris Meyer
Social Science Department
Oak Park High School
cmeyer@opusd.org

“*When a Man Loves a Woman*”: rated R

Andy Garcia and Meg Ryan portray a couple affected by alcoholism. As Ryan faces her addiction, she and Garcia attempt to rebuild their torn relationship. (rated R due to language and mature themes)

“*Me And Earl And The Dying Girl*”: rated PG-13

An awkward high-school senior and a gravely ill classmate surprise themselves by becoming inseparable friends.

“*And the Band Played On*”: rated PG-13

This movie traces the AIDS crisis from the late 1970s to the 1990s. Matthew Modine stars as Dr. Don Francis, a physician who struggles to find the virus and protect the public.

“*The Normal Heart*”: rated R

In 1980s New York, a writer (Mark Ruffalo) and his friends join forces to expose the truth about the emerging AIDS crisis to both the government and the gay community. (rated R due to language and mature themes)

“*Pay It Forward*”: rated PG-13

A young boy attempts to make the world a better place after his teacher gives him that chance.
“Bully”: rated PG-13

This documentary focuses on peer-to-peer bullying in schools across America.

“Parenthood”: rated PG-13

This story focuses on the Buckman family and friends, attempting to bring up their children. They suffer/enjoy all the events that occur: estranged relatives, the “black sheep” of the family, the eccentrics, and the rebellious teenagers.

“Catch Me If You Can”: rated PG-13

A true story about Frank Abagnale Jr., who, before his 19th birthday, successfully conned millions of dollars’ worth of checks as a Pan Am pilot, doctor, and legal prosecutor.

“Pleasantville”: rated PG-13

Two 1990s teenagers find themselves in a 1950s sitcom where their influence begins to profoundly change that complacent world.


Fourteen-year-old Duncan spends a summer vacation with his mom and her overbearing boyfriend. Having a rough time fitting in, the boy finds an unexpected friend in Owen, the manager of the local water park. Through this relationship, Duncan slowly opens up and begins to finally find his place in the world.

Student Name (print)___________________________

______My son/daughter may watch all of the movies listed above.

OR

______Please excuse my child from watching the following movies:

_____________________________________________(alternative assignment will be given)

Parent Name______________________ Parent Signature __________________________
Dear Parents:

As we begin a new semester, I feel the time is appropriate to quickly go over my classroom policy regarding cell phones. I agree that cell phones can be lifesavers in some emergency situations. However, when cell phones ring or are used for text messaging during class time, the learning process is disrupted. Last year there were many instances in my classroom when cell phones rang in class, despite my rule about keeping phones out of sight and turned off. In several cases, parents were the ones making the call.

**My rule regarding cell phones is simple: they should not be seen or heard during class time. Any phone that rings or is being used for text messaging during class will be turned over to school administrators.** If parents or friends must contact a student during an emergency, the school office is the appropriate place to call.

We, the faculty and staff at OPHS, are dedicated to providing students with the best education possible, and the only way we can truly succeed in this endeavor is to have the support of all students and parents. I know that your cooperation in this matter will help to ensure a quality learning environment during this upcoming semester. Thanks for your understanding.

If you have any questions or concerns, please feel free to contact me at my email address: cmeyer@opusd.org

Sincerely,

Chris Meyer
Social Science Department
OPHS

**PLEASE CHECK OFF AND SIGN BELOW:**

_______ I understand and will support the classroom rule regarding cell phones.

________________________
Student’s Name (Print)

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Parent’s Signature

Date___________