

# Local LGBT Student Issues for Counselors

## Agenda:

1. LGBT101: Gender Is Not Binary: Biological Gender, Gender Identity, Gender Presentation, Sexual Orientation
2. Need - Anonymous Local High School LGBT School Climate Survey (2011)
3. Special Issue - Transgender Students: Their School Experience, Classroom Needs, Legal Issues
4. Local Resources:
  - PFLAG Oak Park/Conejo Valley <http://www.pflag.org> (Search for PFLAG Oak Park/Conajo Valley chapter) Monthly meetings (2<sup>nd</sup> Monday) for parents and youth in different rooms at the Church of the Epiphany, 5450 Churchwood Drive in Oak Park, two signals west of OPHS.
  - Trans\* Ventura, a support group for parents of Trans\* and gender expansive youth - over 30 families in the Conejo Valley; meets once a month, 3<sup>rd</sup> Saturday. Call Sharon Beck for information (805) 603-0722.
  - Marmonte GSA, a coalition of local high school Gay-Straight Alliance Clubs (Agoura, Calabasas, Malibu, Newbury Park, Oak Park, Thousand Oaks, and Westlake) <http://www.facebook.com/groups/MarmonteGSA> has monthly support meetings with PFLAG Oak Park/Conejo Valley and monthly weekend activities (hiking, movies, bowling, etc.). September/October activity includes:
    - 9/14 (Monday) PFLAG "Friends" Discussion Group, 7:30-9pm at the Church of the Epiphany
    - 9/19 (Saturday) Trans\* Ventura
    - 9/26 (Saturday) Outdoor Movie Night (Geography Club), 7:00pm - 9:00pm
    - 10/10 (Saturday) Models of Pride conference at USC, all day with 1300+ LGBT youth and their friends, 100 workshops, 32 colleges/universities recruiting, a resource fair (60 organizations/businesses) plus entertainment, dancing, lunch, and dinner. All free.
    - 10/12 (Monday) PFLAG "Friends" Discussion Group, 7:30-9pm at the Church of the Epiphany
  - California Lutheran University LGBT Programs - Bisexuals, Gays, Lesbians, Allies for Diversity (BGLAD)
  - Welcoming Congregations - Church of the Epiphany Oak Park, Unitarian Universalists, United Church of Christ Simi Valley
  - Local Therapists and Programs on the back of this sheet.

## Addenda:

- The GenderBread Person <http://itspronouncedmetrosexual.com/2012/03/the-genderbread-person-v2-0/> and [Understanding Gender](#) (Gender Spectrum)
- Local High School Gay Lesbian Straight Education Network LGBT School Climate Survey results (attached)
- Transgender Policy: California Law Prohibits Gender-Based Discrimination in Public Schools (attached)
- In a Word, What It Means to Be Pansexual (attached)
- [http://www.huffingtonpost.com/raina-bowe/in-a-word-what-it-means-t\\_b\\_8065074.html?utm\\_hp\\_ref=gay-voices&ncid=fbklnkushpimg00000050](http://www.huffingtonpost.com/raina-bowe/in-a-word-what-it-means-t_b_8065074.html?utm_hp_ref=gay-voices&ncid=fbklnkushpimg00000050)
- Is Your Trans\* Allyship Half-Baked? Here are some common pitfalls that trans allies fall into (attached) <http://everydayfeminism.com/2015/06/6-common-mistakes-trans-allies/>
- Dealing with Legal Matters Surrounding Students' Sexual Orientation and Gender Identity - <http://www.nsba.org/cosa/sexualorientation>
- Just the Facts About Sexual Orientation & Youth: A Primer for Principals, Educators & School Personnel - [http://glsen.org/sites/default/files/Just\\_the\\_facts.pdf](http://glsen.org/sites/default/files/Just_the_facts.pdf)
- Creating Supportive Environments for Lesbian, Gay, Bisexual, and Transgender Youth - <http://www.tpronline.org/download-free-article.cfm?id=565>
- Contradictions and Complexities in the Lives of Lesbian, Gay, Bisexual, and Transgender Youth - <http://www.tpronline.org/download-free-article.cfm?id=564>
- Supportive Social Services for LGBT Youth: Lessons from the Safe Schools Movement - <http://www.tpronline.org/download-free-article.cfm?id=567>
- Engaging Families to Support Lesbian, Gay, Bisexual, and Transgender Youth: The Family Acceptance Project <http://www.tpronline.org/download-free-article.cfm?id=566>
- Implementing Lessons that Matter: The Impact of LGBTQ-Inclusive Curriculum on Student Safety, Well-Being, and Achievement (California's FAIR Education Act) - [http://www.gsanetwork.org/files/aboutus/ImplementingLessons\\_fullreport.pdf](http://www.gsanetwork.org/files/aboutus/ImplementingLessons_fullreport.pdf)

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Retired Teacher, LVUSD (38 years) in Biology, English Composition, Greenhouse Operations, and Journalism  
Models of Pride 21 Steering Committee - <http://www.modelsofpride.org> - Free conference with 1000+ LGBT youth, 105 workshops at USC on 10/19  
Models of Pride 21 Parent/Adult Ally Steering Committee - Conference on October 19th at USC - 26 workshops for parents, GSA advisers, chaperones, counseling professionals, LGBT advocates and activists; around 300 adults.  
PFLAG Oak Park/Conejo Valley - Board Member and youth group organizer  
Marmonte GSA, a coalition of local Gay-Straight Alliance Clubs (Agoura, Calabasas, Malibu, Newbury Park, Oak Park, Thousand Oaks, Westlake)

## Sharon Beck, LCSW

mother of a Trans\* boy, a high school senior.  
co-founder Trans\* Ventura, a support group for parents of Trans\* youth with over 30 families from the Conejo Valley meeting monthly  
founder and moderator of the Trans\* Ventura youth group meetings, also meeting once a month.  
member of PFLAG Oak Park/Conejo Valley, a local support group for parents of LGBTQ youth.  
Producer of Trans\* Workshops at the Parent & Professional Institute at Models of Pride on October 10<sup>th</sup> at USC

## **Trans Alliance Ventura Resource List Los Angeles and Ventura County**

Welcome. I'm Shirley Corning the director of the Trans Alliance Ventura and the author of this list. To contact us you can call 805-330-1304. If no one answers please leave your name, phone number and the reason you called and we'll get back to you.

Our email address is [transallianceventura@gmail.com](mailto:transallianceventura@gmail.com)

The [Diversity Collective](#) of Ventura County is the largest and primary LGBTQ+ non profit support group in Ventura County. They are the Ventura County equivalent of the LA LGBT Center in Los Angeles and opened the first LGBTQ+ Community Resource Center in Ventura County. To see what's going on and what's available see the [Diversity Collective News Events Resources](#) page.

### **Monthly Meetings**

Being as the following monthly meetings are mostly attended by trans people and some parents of trans youth we attend these monthly meetings rather than having separate meetings of our own. I also recommend these support group meetings for the LGBTQ+, their parents and other family members as well as friends and allies:

The Oak Park/Conejo Valley PFLAG chapter, a personal favorite.

Meets on the second Monday of every month from 7:30 pm to 9:00 pm at the Church of the Epiphany, 5450 Churchwood Dr, Oak Park, CA 91377 in the big meeting room at the back of the church.

The Oak Park Parents of Trans Youth meeting for parents only.

Contact Sharon Beck at 805-603-0722 for the meeting time and place.

The Ventura PFLAG chapter.

Meets on the third Tuesday of every month from 7:00 pm to 8:30 pm at the Community Resource Center, 2471 Portola Rd, Ventura, CA 93003 Suite 100.

Contact email address: [pflag.ventura.ca@gmail.com](mailto:pflag.ventura.ca@gmail.com)

For other PFLAG chapters all across the country see FIND A CHAPTER on the [PFLAG National](#) website.

The FFLUID group of Simi Valley of which I am the director.

FFLUID, Families & Friends Living United In Diversity.

Meets on the third Thursday of every month from 7:00 pm to 8:30 pm at the United Church of Christ, 370 Royal Ave, Simi Valley, CA 93065.

See the [FFLUID](#) website for additional details.

## **Weekly Meetings**

The Rainbow Umbrella for LGBTQ+ youth 13 to 23 years of age and allies.  
Meets every Friday from 5:30 pm to 7:30 pm at the Community Resource Center,  
2471 Portola Rd, Ventura, CA 93003 Suite 100.

There are different activities every week. While some of the website information is out of date most of it is still valid. See the [Rainbow Umbrella](#) website for details.

For additional information you can contact Joseph Summers, the Program Manager at [joseph@diversitycollective.org](mailto:joseph@diversitycollective.org)

For Kaiser Permanente members only I highly recommend the all trans meeting every Wednesday from 5:00 pm to 6:30 pm hosted by M R Von Habsburg MFT, Psychiatry, at 21263 Erwin St, Woodland Hills, CA 91367. To make an appointment to attend the meeting call 855-701-7955.

## **Other Resources**

For those who are transgender or other GNC I highly recommend joining the LA LGBT Center's [Trans Lounge](#) which offers free classes on an assortment of relevant subjects and will email you about when those classes are coming up and upcoming events.

## **Addendum**

This edition was written on November 9<sup>th</sup>, 2019. More resources and information will be added in the future.