

**OAK PARK HIGH SCHOOL ATHLETICS  
SUMMER CONDITIONING 2018  
COURSE SELECTION FORM**

Student's name \_\_\_\_\_ Current grade level \_\_\_\_\_ ID # \_\_\_\_\_

Parent's name \_\_\_\_\_ Phone # \_\_\_\_\_

**GIRLS VOLLEYBALL CONDITIONING**

[ ] 3:30-5:30 p.m. TTH

[ ] 5:30-7:30 p.m. TTH

**BOYS VOLLEYBALL CONDITIONING**

[ ] 7:30-9:30 p.m. T,W,TH

**FOOTBALL CONDITIONING**

[ ] 3:00-6:00 p.m. M-F

Passing league – mostly Tues./Thurs. 4-7 p.m.

**BOYS BASKETBALL CONDITIONING**

[ ] 1-3 p.m. M/W

[ ] 1-3 p.m. T/TH

[ ] 6:30-8:30 pm M, W, TH

Summer leagues/tournaments TBA

**GIRLS BASKETBALL CONDITIONING**

[ ] 3-5 p.m. M/W; 1-3 p.m. T/TH/F

Summer leagues TBD

**BOYS SOCCER**

[ ] 4:00-6:00 p.m. W/TH/F

**GIRLS SOCCER**

[ ] 2-4 M-F

2-4 p.m. T/W/TH

**CROSS COUNTRY CONDITIONING**

[ ] 6:30-8:30 a.m. M-F; some Sat. practice

Locations TBA – various sites; 1<sup>st</sup> practice meet at OPHS track

Mammoth trip 7/22-27

**BOYS & GIRLS TENNIS**

[ ] 4:30-6 p.m. T/TH tennis courts

3:00-5:00 p.m.

**DANCE**

[ ] TBD Dance Room

**TRADITIONAL COMPETITIVE CHEER (TCC)**

[ ] Specifics on times/locations will be communicated to team members

**SIDELINE CHEER**

[ ] Specifics on times/locations will be communicated to team members

**July 10-Aug. 2**

(incoming 9<sup>th</sup> and new players)

(returning players)

**July 10-Aug. 2**

(all players)

**May 28-June 29; July 25-Aug. 3**

(all players)

**June 11-July 12**

(incoming 9<sup>th</sup> & frosh/soph)

JV

**June 4-July 5 Varsity**

**June 4-July 13**

(All players)

**July 11-July 27**

(all players)

**June 18-29 July 10-12 (try-outs)**

**July 10-12 (try-outs)**

**June 20-Aug.3**

**June 5-July 5**

**July 30, 31, Aug. 2 (tryouts)**

TBD

**June 18-29, July 9-13, 16-20, July 30-Aug. 3**

**June 18-29, July 9-13, 16-20, July 30-Aug. 3**

---

**DONATION WORKSHEET** *Please bring your school ID card (OPHS or MCMS) with you at time of payment*

\_\_\_\_\_ Number of courses marked above

x \$190.00 requested donation per course (\$360. for two courses, \$475 for three courses)  
(\$100.00 for dance)

\_\_\_\_\_ Total requested donation

\_\_\_\_\_ Total amount donated (Please make check out to OPHS ASB)

No student will be denied access due to inability or unwillingness to pay.

---

**PLEASE RETURN THIS FORM WITH YOUR DONATION CHECK ON:**

8<sup>TH</sup> GRADERS – MAY 22 from 2:30-3:30 pm (last name A-L) and MAY 24 from 12:30-1:30 pm (last name M-Z). at the OPHS STUDENT STORE

9<sup>th</sup>-11<sup>th</sup> GRADERS – APR 23-MAY 25 at OPHS STUDENT STORE

Make-up dates to register: May 29-June 1 9-10 a.m. and 1-2 p.m. at OPHS Student Store

**PLEASE MAKE A COPY OF THIS SO YOU HAVE DATES/TIMES  
AND LOCATIONS OF CLASSES YOU REGISTER FOR – THANKS!**